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Join us on April 26, 2026 in Tempe for an extraordinary community event dedicated to spreading awareness and raising essential funds for this mental health movement!

OUR GOAL:

Raise **\$25,000** in scholarships to overturn stigmas that lead to isolation and other mental health challenges.

Follow us @peacemind5k

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Beacon \$10K

- Exclusive naming rights: "Presented By" and premier logo placement at all event touchpoints (website, shirts and start/finish line).
- Featured press inclusion, executive keynote speaking opportunity, swag bag marketing, booth space, and 16 race entries.

Enlightened \$5K

- Prime logo placement on key materials (start/finish line, shirts, website), swag bag marketing, booth space and featured in press releases.
- Acknowledgment during speeches, and 12 race entries.

Empowered \$2.5K

- Logo on shirts and website, social media mentions with opportunity for marketing materials in swag bags and booth space.
- 8 complimentary race entries

Peaceful \$1K

- Logo on website and shirts, booth space and swag bag marketing.
- 4 complimentary race entries.

Joyful \$500

- Logo on website and shirts with swag bag marketing.
- 2 complimentary race entries.

Hopeful \$200

- Name listed on the website and swag bag marketing.

Other Ways to Support

- Set up a booth on race day! \$100
- Volunteer on race day!



CONTACT

Elizabeth Birch & Christina Rodriguez
(623) 205-7042 and (602) 460-1164

ABOUT US

Peace of Mind 5k run/walk is founded by two sisters with one vision. Our intention for the Peace of Mind 5k is to spread awareness and raise funds to support programs that help individuals overcome everyday social, emotional and mental challenges.

We believe, when one mind is peaceful and free, we all thrive as a community. Entrepreneurs and philanthropists can develop and thrive! When we don't have the tools to foster a healthy mindset through difficult obstacles and challenges ; social, emotional and mental challenges can develop and negatively impact our daily lives. The onset of anxiety, stress and depression can occur and be debilitating. There are forty million individuals in the US diagnosed with anxiety. Peace of Mind run is addressing these concerns by raising funds for scholarship opportunities for adults whose challenges have resulted in addictive behaviors and/or other debilitating effects. Shining light, awareness and promoting comfortability around these topics by focusing on Preventive Care and Treatment is our focus.

Together we can make an impact, one peaceful mind at a time! Join us!

MEET OUR TEAM



ELIZABETH BIRCH

Founder,
Executive Director
Peace of Mind



**CHRISTINA
RODRIGUEZ**

Assistant Director
of Peace of Mind



OUR CONTACT



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Location:

Kiwanis Park, Tempe